



Institute of Education

Reflective Assessment



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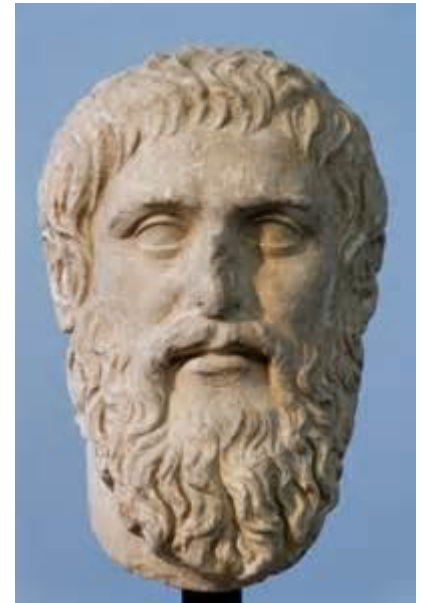
Developing the professional self

- Why does reflective assessment matter?
- How is assessment relevant to me? I'm a:
 - ✓ Doctor
 - ✓ Scientist
 - ✓ Researcher
 - ✓ Philosopher...

A philosophical context?

“An unexamined life is not worth living”

Plato – Apology (section 38a)



An historical context?

History provides the memory and the curriculum vitae of the human race. Past deeds are no guarantee of future performance but the historian's role in recording and interpreting what has gone before has the potential to enlarge our understanding of the human condition with reference to particular activities.

Aldrich, (2003:136-7)

<http://dx.doi.org/10.1080/00467600304154>



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John Dewey

Thinking the problem out... (1933)

Taking a more scientific approach – Dewey talked about giving critical consideration to the work we do, how we live our lives etc.

So, it requires thinking...



Critical reflection

We are critically reflecting on our work, our ideas, our lives – what you choose to assess is up to you.



Reflection continuum



Let us not forget that the model is a tool, not a mirror.

Gordon (1984:243)

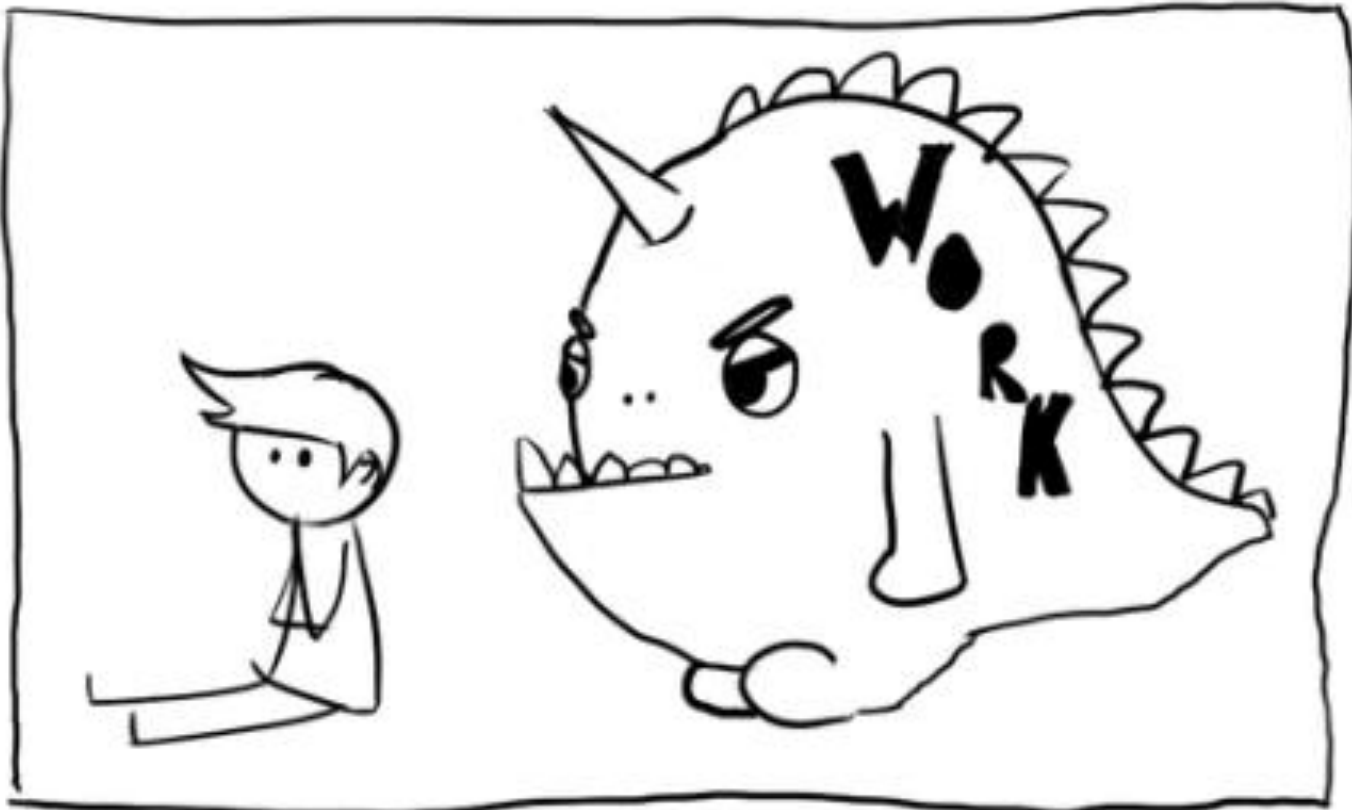
Self reflection

- A form of assessment!
- So what do you want from your career, from your life etc?

*Any successful approach to learning must include the activities of **reflection and review**. Without these, you will not be able to determine where improvements are needed, how to go about **improving your understanding**, and whether or not you have been **successful**.*

*It requires you to **continually** engage in dialogue with a number of different people including **YOU!***

Reality???



"If I ignore it long enough maybe it will go away."

RYANSELVY.TUMBLR.COM

Understanding procrastination in self development/self assessment

I am imperfect!

- Cleaning
- Sorting out the office cupboard
- Checking emails
- Writing lists

Time to evaluate yourself

- Self-assessment starts with HOW you work:



BUT... Remember it is an individual issue – so you need to experiment and find out what works.

Research at the LSE suggested we are very productive for about 4.5 hours of the day.

Practical Session

- We will work on some exercises to help you develop self-reflection skills
- You will take away a pack to develop into a presentation to give back in your home country
- You can share this in education institutions, workplaces and in your homes...
- It will provide you with the toolkit you need to do this now and into the future

A lesson from Educational Testing

“Assessment in the broad sense is about making judgements; it is the very fabric of life”

Stobart (2008:introduction)

- How we choose to make and use such judgements is within our grasp, within YOUR grasp.
- Make the time to do this and you will reap the rewards.

Useful resources

Aldrich, R. (2003) <http://dx.doi.org/10.1080/00467600304154>

Finlay, L. (2008) <http://www.open.ac.uk/opencetl/resources/pbpl-resources/finlay-l-2008-reflecting-reflective-practice-pbpl-paper-52>

Harvard Business School films: <https://hbr.org/2008/04/be-a-better-leader-have-a-richer-life>