

East London NHS Foundation Trust

The Fellowships that the Butabika Link has had, have as a whole formed a vital part of the training link between the two institutions, which over the last 10 years has supported a significant development of services and care at Butabika Hospital. Here in the UK it has given greater cultural understanding to the host institution, improved links to the Ugandan Diaspora community in east London, given considerable motivation to the staff who have become involved and has made a positive statement about East London NHS Foundation Trust being open to other cultures and to sharing knowledge. East London Foundation Trust has recently been rated as outstanding by the CQC.

Eligibility

- Qualified Clinical Psychologists who are part of the staff group and alumni of the Department of Clinical Psychology at Dhaka University, who have attended systemic psychotherapy training to level 2 and have been attending supervision on their work using a systemic approach with couples and / or families.
- A clinician with more than five years' experience working with people with epilepsy in Uganda.
- Two Psychiatric nurses from Butabika Hospital, Uganda, wishing to develop their understanding and skills in the management of acutely disturbed people with severe mental illness.
- Senior Forensic Psychiatric Nurse from Butabika Hospital, Uganda.

Website

www.butabikaeastlondon.com

Proposed activity

The programme will be aimed at increasing the Fellow's knowledge and skills in systemic psychotherapy, building upon previous training and supervision. Clinical Placements will be offered including: A base placement in Tower Hamlets Child and Adolescent Mental Health Service, where the Fellow will receive mentoring/supervision from a systemic psychotherapist; an adult mental health service (Chelmsford); a specialist clinic for young people with conduct problems (Hackney); and working with multifamily groups (Hackney). Visits will be arranged to other relevant services working with violence and abuse. A co-ordinator/mentor will meet with the fellow to support learning and its applicability in the Bangladeshi context.

The programme will increase the fellow's knowledge and skills in epileptology and the use of Electroencephalogram (EEG) technology in the diagnosis of epilepsy. The fellow will spend most of their time at the Royal London Hospital. They will be mentored and supervised by

specialist neurophysiologists and neurologists in epilepsy. They will participate in the assessment of patients for EEG investigations and will attend reporting sessions, multi-disciplinary team meetings and discussions about the EEG results and individual tailored treatment plans for all people with epilepsy.

They will also participate in dealing with relatives and carers of people with epilepsy. In addition, they will attend seizure clinics to learn about the procedures and treatments options. At the end of the fellowship, the supervisors and mentors will assess the fellow to ensure they have achieved the expected learning outcomes.

The programme would be based within an inpatient Mental Health Centre. One of the consultant psychiatrists on the PICUs would take responsibility for the supervision of the Fellows individually and as a group. They would be able to attend activities within the

PICUs and to visit the other wards to take part in assessments and to follow the progress of patients through their inpatient stay. They would observe the involvement of community care coordinators visiting the wards and planning the aftercare, taking account of social pressures such as family dynamics and problems with accommodation. They would see the role of multidisciplinary working with psychologist, occupational therapists, pharmacist and advocacy workers.

To spend 3 months at the John Howard Centre Medium Secure Unit (Psychiatric Forensic Inpatient) - this will involve placements for one month on three wards: the admission ward; the intensive care unit; and a continuing care ward, as well as some time on a low secure unit. Time will mainly be spent either with the nurse lead or one of the senior ward nurses, shadowing and learning about their roles, but will also involve time with each of the MDT (psychiatrist; psychologist; OT).

There will be opportunities to observe seclusion; attend ward rounds and CPA meetings; Mental Health Review Tribunals; as well as prison visits with nurses and psychiatrists, and assessment of patients in psychiatric hospital.

They will have a named nurse to provide weekly supervision, and a consultant to provide monthly supervision. They will attend the Psychiatric Forensic speciality sub group meeting and training in MAPA, seclusion, short courses in Forensic Nursing.

CSC theme

Priority Theme 1 Strengthening health systems and capacity

Further details

For more information on how to apply, please visit the CSC website: <http://cscuk.dfid.gov.uk/commonwealth-professional-fellowships-information-for-candidates/>