

# Sheffield Health and Social Care NHS Foundation Trust

The 23 previous fellows have been from a range of professional groups including Psychiatric clinical officers, Nurses, Occupational Therapists; Support Workers, Administrators, Service Users, Psychologists. They have all developed projects that have enhanced the development of patient safety in Gulu Regional referral Hospital. They have contributed to the catalytic process of sustainable improvements in service delivery, with priorities established locally

The Gulu Sheffield mental health partnership has supported the process of two way learning with the Fellowships at the core.

## **Eligibility**

Mid-career professionals working in the Gulu area in the field of physical and mental health

### Website

www.sct.nhs.uk

## **Proposed activity**

A. Dates for 8 week programmes are:

Trip one with three Fellows- 15th April- 9th June Trip two with two Fellows 17th June -11th August

B. Duration of individual elements of the programme:

1. Induction to Sheffield and mental health services including, Safeguarding, Mental Health Act, RESPECT update (RESPECT is the ethical management of violence and aggression) = 1 week 2. Word and community based learning experiences = 6.5 works

2. Ward and community based learning experiences = 6.5 weeks

3. Consolidation of learning and planning for implementation of plans for catalytic change = 0.5 week

Additional Training includes

IT: Medication management relevant to the context in which Fellows work: Introduction to project Management; Introduction to Training of Trainers skills; physical health issues. Suicide awareness

These courses will be arranged during the above programme

#### C. Mentoring and Support

The Induction programme will provide the overall context for fellows experiences Fellows will be supported within placements, on a day to day basis, by individual mentors working in related professions. The Gulu Sheffield Partnership Leads will facilitate a fortnightly review of the programmes and identify appropriate learning that can be transferred into Gulu settings. Projects will be identified for fellows to plan in Sheffield and implement upon their return, with support from Senior staff.

Support is available out of hours, on a 24 hour basis, to enable Fellows to feel safe and secure A social network provides Fellows with opportunities to engage in local communities and culture, whilst meeting a wider group of Sheffield people. Accommodation will be arranged for Fellows appropriate to the areas that they will be working in. Support for use of public transport will enable Fellows to be independent

#### D. Special equipment and facilities

Special equipment or facilities will not usually be required as the programmes will be experiential and learning materials relevant to the work will be provided, however should adaptations be needed this will be assessed on an individual basis

## **CSC** theme

Priority Theme 1 Strengthening health systems and capacity

## **Further details**

For more information on how to apply, please visit the CSC website: <u>http://cscuk.dfid.gov.uk/commonwealth-professional-fellowships-information-for-candidates/</u>