

## The Phoenix Project, Cardiff University

The Fellows will be recruited from a range of disciplines to enable strengthening of health systems for an inclusive environment in Zambia and Namibia, in a 360 degree approach to enable production of novel outputs of international of value. In this innovative approach to education, the Fellows will learn and share together, focussing on women and children, with health counterparts from Cardiff University and Cardiff and Vale University Health Board. Through balanced recruitment, in addition to a medical approach, the fellows will develop expertise in pedagogy, health education systems, public health, social and anthropological learning. This will create an innovative and inspirational learning environment, catalysed by expertise available in Wales where the health provision is both 'prudent' and of excellence. Sustainable change can only be implemented through a multidisciplinary, networked approach to health and inclusion and our proposal will provide the perfect environment to enable novel outcomes and thus impact.

### Eligibility

These Fellowships will be open to University and Health Sector Professionals, including allied expertise in social and anthropological sectors in both Namibia and Zambia.

### Website

<http://www.cardiff.ac.uk/phoenix-project>

### Proposed activity

Cardiff University's Phoenix Project is a long term impact driven partnership with the University of Namibia and in-country implementation partners in the Ministry of Health and Social Services (amongst other collaborators). The partnership has recently grown to include partners in University of Zambia and Health and Social Care partners in Zambia. Through our collaborations these Fellowship will be structured thus:

1. Fellowships based in Cardiff University and led by a clinical academic with a broad range of interests across medicine, pedagogy and clinical training, Public Health, Sociology/Social Work, Medical Anthropology;
2. To enable concrete outputs the focus will be on women and children's health and access to health services in Namibia and Zambia;

3. As required, according to discipline and Fellowship focus, learning opportunities will be enabled with Cardiff and Vales University Health Board (one of the largest health and care providers in the UK). Six week placements will happen with these organisations;
4. So that the shared learning environment can be fostered, all Fellows will start within a 3 week period and ideally, as closely together as possible during the CSC specified start date;
5. The learning of each Fellow will be championed by a suitable Subject-Specific Mentor. This mentor will arrange a full spectrum of sub-discipline appropriate activities. Aims and Objectives will be set on day 1 and thereafter referred to monitored, developed throughout the fellowship;
6. Shared learning events between all fellows and mentors (plus additional expertise as required) will occur 3 days a week (dates to be agreed by group/network);
7. A programme of Reflective Learning will be used (the Phoenix partnership has very successfully implemented this for all previous Fellows) and an experienced independent practitioner will be used, 'Reflection Mentor'. The Phoenix Project has a great deal of experience in delivering reflective learning packages. There will be an induction to our reflective learning package day one of the Fellowship which will be followed up by one to one reflective learning opportunities on a weekly basis, or as necessary. Reflective learning will be led by experienced Phoenix practitioners with global health expertise;
8. To enable effective learning and production of outputs all Fellows will have full access to Cardiff University library and IT systems;
9. Outputs will be specific to each Fellow, who will be expected to produce a range of suggested interventions for implementation in their own field, in their own country post Fellowship. These interventions will be expected to have been influenced by learning through the shared multi-disciplinary environment. The first draft of these 'interventions' will be produced by week 3 of the Fellowship and then developed to final Output for Action by the final week, week 6. Critically, the Phoenix Project (Cardiff University) is active, with high level connections in Government Health Services and Universities in both Namibia and Zambia and will assist going forward with discussions for implementation (and supportive grant applications as necessary). This will ensure future sustainability of the network.

## **CSC theme**

Priority Theme 1    Strengthening health systems and capacity

## **Further details**

For more information on how to apply, please visit the CSC website:  
<http://cscuk.dfid.gov.uk/commonwealth-professional-fellowships-information-for-candidates/>