

Central and North West London NHS Foundation Trust

Name of Organisation:

Central and North West London NHS Foundation Trust (CNWL)

Fellowship Summary

CNWL provides NHS services throughout a person's life, in physical and mental health and everything in between.

The majority of our services are provided in the community. We also provide healthcare in prisons in London and the surrounding areas.

Partnerships are central – with patients and their families, with staff and with other organisations, especially commissioners and providers but also with local authorities, GPs, universities and the voluntary sector.

We are committed to providing services that meet the needs of the people who use them, and we actively encourage involvement from local people who can help make a difference."

Weblink for Candidates

<https://www.cnwl.nhs.uk/>

Eligibility

Multi-disciplinary staff members of Mirembe National Mental Health Hospital, Tanzania, involved in the development of community mental health and substance use services. Candidates will be members of the project implementation team for this project, and who have the roles and capacity to have influence at a clinical and managerial level.

If there are insufficient candidates from Mirembe Hospital who will be able to participate in the programme we will open up the option to relevant people from our other healthcare partnerships in Zimbabwe and The Gambia which have similar development goals.

Proposed Fellowship Dates

03/03/2025 to 17/04/2025

Proposed Activity

The programme will last for 6 weeks for each candidate starting in early March 2025 until mid April 2025

Week 1

Orientation to CNWL NHS Foundation Trust, particularly mental health and substance use services and other services in London

Introduction to key members of the CNWL Senior Management Team and the Partnership and Community Engagement Team

Introduction to hosts in community teams

Week 2-5

1-week Placements in pairs in 4 community mental health and substance use teams

Visits to external third party/voluntary organisation partners

Attendance at clinical and management meetings

In-house training events

Individual meetings with clinicians and managers

Visiting patients in the community together with team colleagues, with prior consent from patients, as observers

Training events - CNWL Training & Development team and Recovery College courses

External training events and conferences

Week 6

Write up reports and plan of action for return home to Tanzania

Make presentation to CNWL colleagues

Make final visits

Specific attention will be given to placements in community mental health, substance use and forensic teams, and as opportunities arise, primary care settings and voluntary organisations which have close working relationships with CNWL.

Fellows will be given the opportunity to develop ongoing mentoring relationships with CNWL staff. This is intended as a two-way mentoring partnership to share perspectives and approaches to the practical delivery of mental health care, and particularly in regard to cultural and belief influences, which will be of benefit to both organisations.

Priority Theme

Strengthening health systems and capacity