

# Central and North West London NHS Foundation Trust

## Name of Organisation:

Central and North West London NHS Foundation Trust (CNWL)

## Fellowship Summary

CNWL has been working in partnership with Mirembe National Mental Health Hospital in Tanzania since 2010 to help them develop the quality of their mental health and substance use services. We are currently helping them to establish a new community based mental health service, and to achieve their aspirations and remit to be a centre of excellence in Tanzania.

The Professional Fellowship will enable up to 4 members of the project implementation team to spend time on placement in CNWL's community mental health and substance use services, to have exposure to UK practices, develop contacts with CNWL staff for further mentoring/liaison support, and link to ongoing access to online training. Training opportunities will be provided during the programme. The expected impact of the programme will be enhanced clinical expertise and practice and a strong management team to progress the development of community based mental health and substance use services.

## Weblink for Candidates

<https://www.cnwl.nhs.uk/>

## Eligibility

Multi-disciplinary staff members of Mirembe National Mental Health Hospital, Tanzania, involved in the development of community mental health and substance use services. Candidates will be members of the project implementation team who have completed training as 'Champions' (trainers and supervisors) for this project, and who have the roles and capacity to have influence at a clinical and managerial level.

## Proposed Fellowship Dates

04/03/2024 to 12/04/2024

## Proposed Activity

The programme will last for 6 weeks for each candidate starting in early March 2024 until mid-April 2024

### Week 1

- Orientation at CNWL NHS Foundation Trust, particularly in the mental health and substance use services and other services in London
- Introduction to key members of the CNWL Senior Management Team and the Partnership and Community Engagement Team
- Introduction to hosts in community teams

## **Weeks 2-5**

- Two-week placements in pairs in four community mental health and substance use teams
- Visits to external third party/voluntary organisation partners
- Attendance at clinical and management meetings
- In-house training events
- Individual meetings with clinicians and managers
- Visiting patients in the community together with team colleagues, with prior consent from patients, as observers
- Training events - CNWL Training and Development team and Recovery College courses
- External training events and conferences

## **Week 6**

- Write up reports and plan of action for return home to Tanzania.
- Make presentation to CNWL colleagues.
- Make final visits.

## **Priority Theme**

Strengthening health systems and capacity